



Competitor Name \_\_\_\_\_

All requirements must be submitted before the registration deadline for the Transformation Challenge event. Please read and review the requirements here:

<https://www.naturalfitfederation.com/nff-transformation-division-rules/>

Requirements Needed:

Body Weight: \_\_\_\_\_ % Body Fat \_\_\_\_\_

Circumference measurements:

Chest \_\_\_\_\_ inches

Waist \_\_\_\_\_ inches

Hips \_\_\_\_\_ inches

Photos: Upload required photos to your registration account and email this form to [chrissie@naturalfitfederation.com](mailto:chrissie@naturalfitfederation.com)